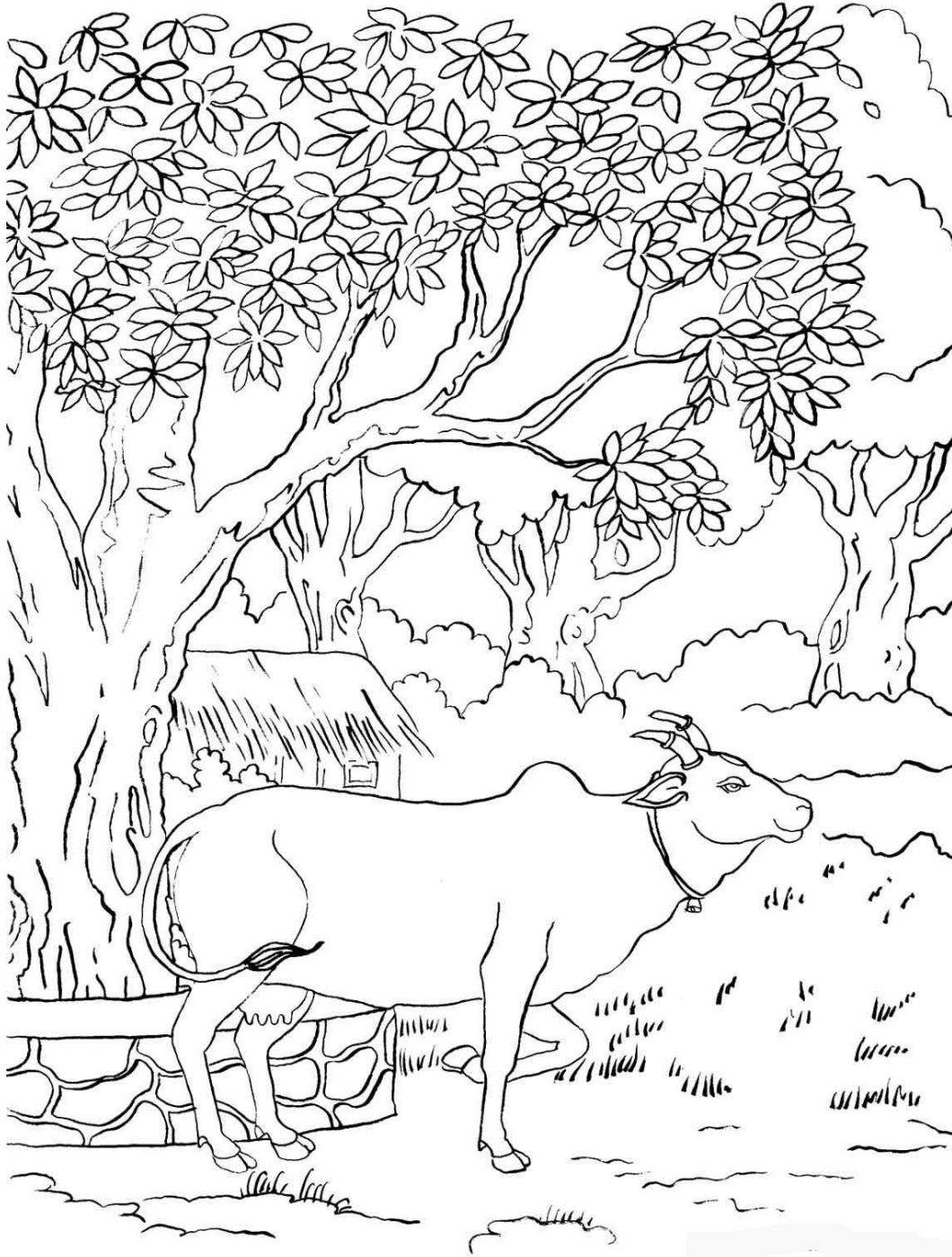


Coloring Page: The Holy Cow

Instructions: This page has been formatted for coloring on either the computer (using software such as Microsoft Paint) or on paper (just click “Print” on the top menu of this screen). If you get stuck, there are examples of colored pages on the website! Try to learn the story of each picture as you go along.



The cow is considered a sacred animal in Hinduism, Jainism, and Buddhism. In Hinduism, the cow is considered a symbol of wealth, strength, and abundance. Since cows give milk, it is considered the “earthly mother.” In Hinduism, it is considered a sin to kill or eat cows because they give so much to humanity in the forms of milk, protection, and wealth.